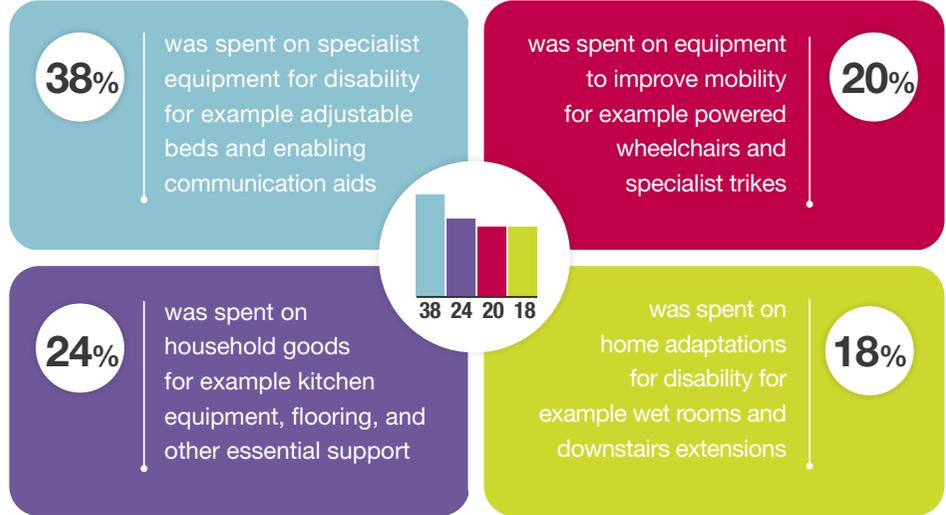


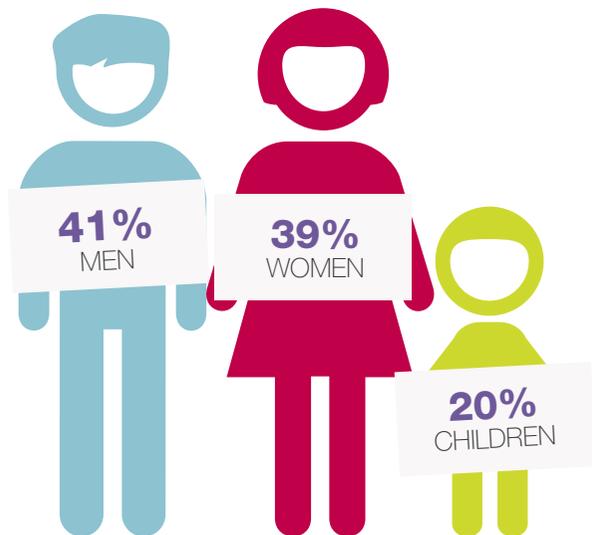
During 2020-21 Independence at Home made



Of average value  
**£370**  
total spent  
**£555,000**

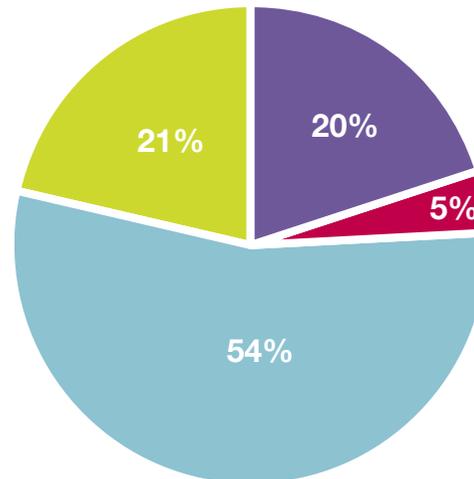
Our beneficiaries were:



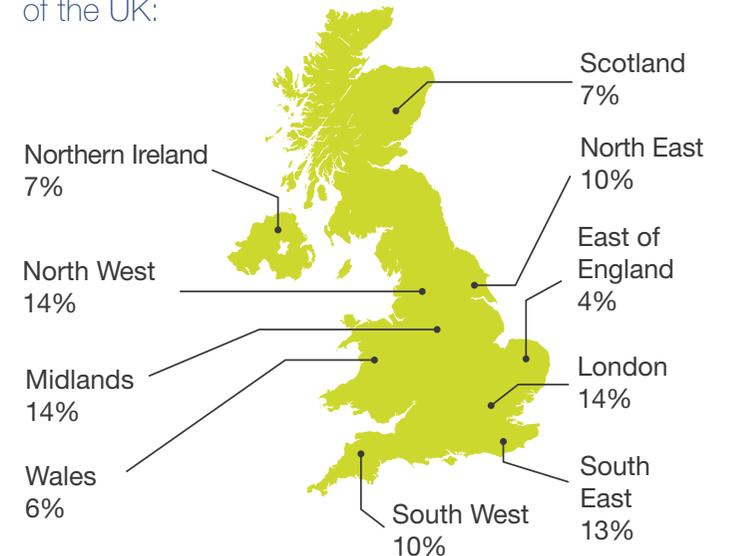
The ages of our beneficiaries were:

Ages

- 0-17
- 18-24
- 25-64
- 65+



Our beneficiaries lived in the following areas of the UK:



# We Were Here Throughout Covid-19 Transforming Lives

We have helped more than **47,000 people** since Independence at Home was established in 1965 to carry on with their lives as independently as possible and to maintain their links with family, friends and the local community.

We have made grants totalling **£8M** to support people of all ages across the UK but, the work that we do is just the tip of the iceberg. We didn't close during the first year of the pandemic—we increased our grant making by an additional 300 grants in response to the needs.

Covid-19 has created many more challenges for people living with disability and long-term illness. We are now seeing the huge mental and physical health impact upon our communities from those who have been at home for more than 12 months and demand for our support is increasing.



Our goal is to support independence for people of all ages and *'Together we can be a lifeline to many people living with disability and long-term illness during these challenging times'*.

## Creating a Positive Change

As care and community became virtual, our support was vital to address this huge change. We enabled the purchase of specialist equipment for personal care and comfort, adapted IT for disabled children to engage fully in lockdown learning, and communication equipment to keep people keep in touch with the outside world when visits to friends or from carers were not possible.

The top outcomes from our work reflected greater time spent at home and the importance of having a good night's sleep and improved nutrition.

## Focusing on Individual Needs

Our responsive and needs driven approach, as well as our flexibility and speed of working, is a major part of our success. Our small team of five part-time staff worked remotely throughout the pandemic, making grants on a weekly basis.

We continued to actively listen to the individual circumstances of people in need and to support professional workers across the UK to meet their clients' needs.

## Supported by Loyal Donors

We receive grants from over 100 trusts and foundations each year which are vital to our work and help them achieve the changes they wish to see in society. Our funders went above and beyond last year to ensure we could meet the demand from disabled people who so urgently needed help.

The Edward Gostling Foundation and the John Armitage Charitable Trust are the largest of our major donors, others include:

- **Dulverton Trust**
- **Schroder Foundation**
- **Hadley Trust**
- **Mercers' Charitable Foundation**
- **Hargreaves Foundation**

Independence at Home does not receive any government or statutory funding. Our running costs are covered by some of our endowment income which means that every penny of donations received goes directly to individuals who are in financial need. We are so often the last port of call for individuals in dire need. A little help can go a very long way.

'Our son had become very distressed and anxious since shielding due to change of routine and missing extended family. But his swing really improves his mood, and it means we bring him to an emotional level where he can focus on learning and development. You have brought him pure joy'.

'I have just been on an hour's walk with my wife. Without the electric wheels I would have struggled to get out of the car park on my own. I was able to do the whole hour with no assistance. I am so pleased with them. The difference to my independence is amazing'.

'I was in such a bad state, with no mattress, and was so depressed. You gave me a lift when I was so low. My mattress is the best ever, I slept for seven hours and was so comfortable. Thank you from the bottom of my heart. You have made an old man so happy'.

'The computer for my daughter will make an enormous difference to her, and set her up for life, with a strong chance of a decent job, or to start her own business as a freelance photographer. She has had a very hard time with her mental health in lockdown and this will help her to 'get cracking' again'.

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