



**Independence[®]
at Home**

Towards Independent Living

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Independence at Home is a charity that exists to improve independence at home for people of all ages who are living with long term illness and disability and are in financial need.

We do this by making grants towards the purchase of mobility and disability equipment, home adaptations and other essential household items required to aid daily living.

The people we support get little help from statutory services and many live alone. They experience social isolation and reduced access to leisure and friendship.

They also experience illness, pain and acute discomfort, lack of dignity and restricted life opportunities.

With our charity's support, daily life can be transformed for the better, enhancing well-being and reducing isolation. This support also helps people to engage with the wider community and live the life they want to.



since 1965
43,000+
people
have benefited
with your help

Transforming Lives

Since 1965, we have helped more than 43,000 people, making grants totalling £6.8m to support people of all ages across the UK. Those we help are struggling to cope with the unique challenges faced in carrying out daily activities. For instance, taking a bath or shower, having a comfortable night's sleep, visiting local shops or joining in with family activities and trips.

Our grants provide practical help, at a time when it is needed the most and are used towards, for example

- An adjustable bed to aid a comfortable night's sleep
- A wet room to help with independent and safe washing and bathing
- A stair lift to get upstairs and downstairs safely
- Door-widening to improve wheelchair access to ground floor facilities
- A powered wheelchair to improve mobility at home and in the wider community
- An electronic scanner to enable someone with a visual impairment to read
- A specialist trike to be able to join in with family outings
- Therapeutic toys to aid focus, calm and emotional well-being

Thank you ...

for the award to my client for a new bed and mattress for her son. This will allow him to get the rest needed to get through his day at school.

Without your help ...

I'd have no life. Thank you all for my freedom.



After several years of austerity the effective help that we give is now needed more than ever

PARVEEN'S STORY

'At last, I can'

Wheelchair user Parveen lives at home with her 12-year-old daughter in Birmingham. Diagnosed with renal failure she requires lifesaving dialysis three times a week and is also registered blind.

Parveen was struggling with reading correspondence, recognising colours, people and products. Lacking confidence, she felt vulnerable when shopping or out with her daughter.

Parveen needed funds towards the purchase of a digital device called an Orcam MyEye. We made a grant of £400 towards this visual aid.

Parveen wrote in to say,

"Thank you for the donation towards the Orcam MyEye. It will change my life. I can now read my own letters. I have programmed in my family, support workers and nurses and can select my own food, products and clothing. The camera will give me independence and help with everyday life."

DID YOU KNOW?



Statutory support that is available, varies greatly depending on where you live in the UK



Parveen
tries out the
new Orcam
MyEye



Parveen
receives her
Orcam MyEye
from Nicola Turner,
Welfare Benefits
Adviser, Auriga
Services

KIM'S STORY

'Living my life to the full'

Kim lives alone in Glasgow and has a form of Muscular Dystrophy called Bethlehem Myopathy, which leads to deterioration of her muscles and causes contractures and stiffness in her joints. Kim now uses a power chair with riser facility.

Kim was in need of a new wheelchair, but public funding wouldn't cover a new riser facility, she would have to fund this herself. Working part-time, Kim couldn't afford this special equipment and needed our support.

Kim explains

"A grant of £500 from Independence at Home towards a chair riser, has allowed me to carry on as I am, working, living, contributing and laughing despite not being able to walk, struggling to transfer and sometimes feeling socially isolated and depressed. Charities like this are a lifeline to people like myself."

DID YOU KNOW?



NHS Wheelchair services
DO NOT provide
wheelchairs solely
for outdoor use



Kim takes part in local fundraising activities



Kim and friends at home

MOHAMMED'S STORY

Enjoying student life

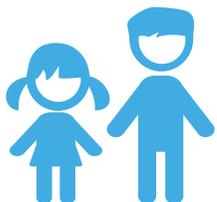
University student Mohammed lives at home with his family and has a spinal cord injury. His condition means he is unable to weight bear and needs to use a wheelchair at all times.

Mohammed's wheelchair was heavy and difficult to put in his car as he drives to university. This has resulted in him feeling tired by the time he gets to campus. The wheelchair was also affecting his posture and making it difficult for him to socialise the way he wanted to.

Referred by another charity, he needed funds towards a special lightweight wheelchair which Mohammed could manage in and out of the car. We made a grant of £600 towards a new lightweight wheelchair, improving Mohammed's independence and comfort, enabling him to take a fuller part in student life.

In 2016/17
14%
of higher education
enrolments were
for disabled
students

DID YOU KNOW?



1 in 4 Grants
are for children and
young people



DAVID'S STORY

Wanting to get out and about

David has Alzheimer's Disease, Cerebral Atrophy which affects the brain, and poor mobility.

He enjoyed going out with his wife, but now spends all his time indoors, as he can't safely use the steps at the front and back of his home. He is unable to leave the house or keep medical appointments.

David's local authority awarded a grant to help pay for ramped access, but David and his wife couldn't afford the shortfall they needed to get the planned work underway.

We made a grant of £500 towards the cost of the ramp access, giving David greater independence and reducing the risk of trips and falls. He can now join in with outdoor trips and activities, just like he did before.

DID YOU KNOW?



1 in 3 Grants
are for older people

A photograph of an elderly man and woman smiling together. The man is wearing glasses and a blue shirt, and the woman is wearing a green top and gold hoop earrings. They are outdoors with a blurred green background.

24%
of our grants
are for home
adaptations
and urgent
home repairs

We need your help

Each year we need to raise £250,000. This ensures our charity can continue making grants for people of all ages who are struggling to manage everyday activities.

With your support those we help can live life the way they want to. Every penny of your donation will be used to make grants, helping to transform daily living for the better.

How you can help us



Please make a donation online by visiting www.independenceathome.org.uk.

Take part in organised events or fundraise in aid of Independence at Home.

For more information, call us on **020 8427 7929**.

**Thank
you
for your kind
support**



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Join us on

@iahgrants

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www.independenceathome.org.uk

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